

## Whitewater Ski Team Parent/Guardian - Code of Conduct

*The parent/guardian agrees to:*

1. **Support their athlete** by helping them be prepared for each practice and race. Encourage the athlete to focus on what is important during practices and at races. It is vital that parents help their athlete maintain a growth mindset. This means focusing on improvement rather than race placement or comparisons with others. Avoid imposing unrealistic expectations.
2. **Foster a positive team environment.** Encourage your athlete to celebrate others' growth. We grow as a team when everyone feels supported.
3. **Respect coaches' boundaries** while they are coaching. Parent/Guardian helpers are often welcome during training, especially for the Nancy Green program. Please check in with your athlete's coach beforehand to ensure it is an appropriate time, and to ensure that you are supporting the training goals for that session. Parental/guardian involvement is at the coaches' discretion.
4. **Communicate with coaches, parent reps and team administrators** as needed. Ensure that all communication with staff, athletes and volunteers is completed in a respectful manner. If you have a question or concern regarding coaching, please discuss it with your athlete's coach calmly, respectfully, and at an appropriate time. In the event that you are unable to resolve an issue, please contact the program director.
5. **Volunteer** throughout the ski season. The Whitewater Ski Team is largely a volunteer run organization, and volunteering is mandatory for all families. There are many different jobs that need to be done, both on and off the slopes. These activities and events include, but are not limited to:
  - The annual Ski and Snowboard Swap in early November
  - Race events
  - Driving and chaperoning for away races
  - WWST board

If your strengths and talents lie away from the snow, please let us know. There will be a suitable job for you. Volunteering is a great way to strengthen our ski community, be a part of the team, and have more fun while supporting your athlete's program. Please contact our volunteer coordinator if you need help finding a task you can do. Sign up at [volunteerwwst@gmail.com](mailto:volunteerwwst@gmail.com)!

6. **Commit to fundraising.** The Whitewater Ski Team strives to keep registration fees as low as possible, and to do this relies heavily on team fundraising initiatives and community support. Support from all ski team families, both provincial level and Nancy Green, is required to achieve this goal.
7. **Refrain from smoking, consuming alcohol or using non-medicinal drugs adjacent to race training or races.**
8. **Understand** that there is zero tolerance for any behavior that may constitute bullying or harassment.
9. **Pay all invoices** fully and in a timely manner.