

## As a Whitewater Ski Team Coach, I agree to:

1. **At all times, recall that I am a role model** to those around me, and that athletes, parents and my colleagues need a coach that they admire and respect.
2. **Demonstrate and model club values** to the athletes each training or racing day with 100% commitment to the WWST program including preparation and planning, team support, and positive energy.
3. **Ensure personal and athlete safety.** This includes decision making related to training such as weather conditions, athlete equipment and athlete re-entry post injury. I understand that if I feel that an athlete is at risk due to equipment, weather, or health conditions, I have the right to keep the athlete off the slopes until the situation has been addressed.
4. **Invest in each athlete.** I will provide clear, specific and individual feedback to help each athlete understand where they are improving, and what they need to work on next. I will help athletes to set both short and long-term goals throughout the season.
5. **Plan for sequential skill building** through weekly and seasonal plans.
6. **Communicate regularly with parents and athletes** about training plans, required equipment and areas of focus for each session.
7. **Represent our team,** athletes and supporters in a positive light at all times.
8. **Facilitate and promote team spirit** by integrating diverse groups of athletes.
9. **Participate in ongoing professional coaching development.** Knowledgeable and inspired coaches will help to keep our athletes passionate about the sport.
10. **Provide alternative arrangements for athletes if I am unable to coach.** My decisions will be made based on each individual situation.
11. **Maintain a “Rule of Two” protocol** to ensure all coach-athlete interactions and communications are open, observable, and justifiable. Exceptions may be required in emergency or safety related situations.
12. **Refrain from smoking, consuming alcohol or using non-medicinal drugs while coaching.** I understand that intoxication at team-related social events, or when responsible for athletes at training camps or races, is unacceptable.
13. **Integrate the Athletes and Parent/Guardian Code of Conduct** agreements into my coaching and teaching.
14. **Support the team's zero tolerance approach** to any behavior that may constitute bullying or harassment by or towards athletes, parents, coaches, volunteers or others.