



Effective: November 2016

Policy Document: Screen Time

During Ski Team training, racing, and events there will be limited use of screened devices. This policy includes breaks and time on the chair. Listening to music with one earbud is acceptable at the coaches' discretion.

*Note: If the listening device has a screen a playlist must be made in advance. An athlete will have no reason/need to look at their screen.

When athletes are traveling with coaches, the coaches will give scheduled supervised time for use of devices. Athlete's devices will be collected before bedtime and returned in the morning.

If this policy is not respected, devices will be taken from the athlete and given to their parent at the end of the session/event.